A group of diverse young children, including boys and girls of various ethnicities, are smiling and waving their hands. The image is slightly faded to allow the text to be prominent.

The ABC's of Growing Up...



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• Attachment

• Becoming

• Community



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Different approaches to parenting...

Gardening



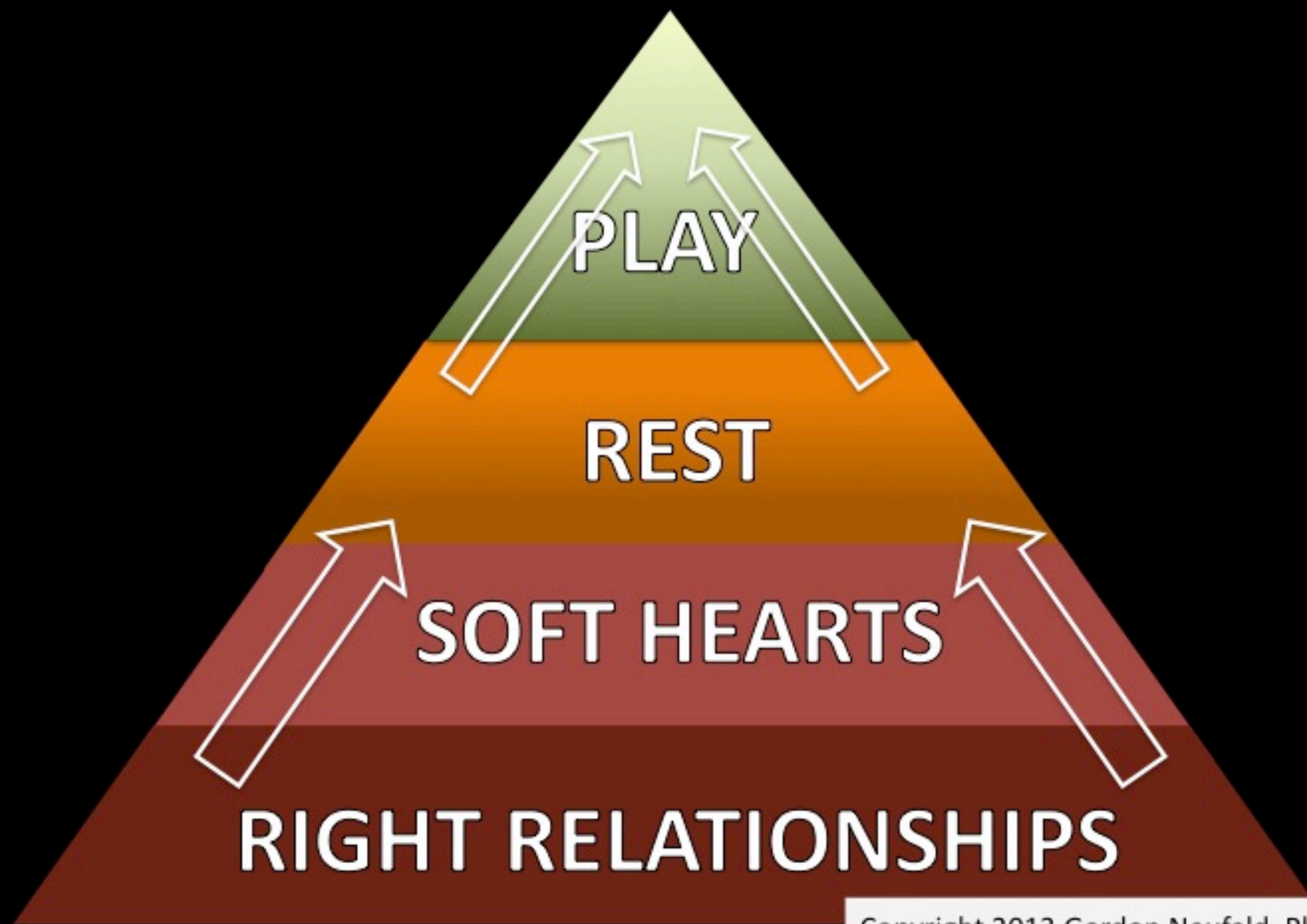
Sculpting



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Realization of Human Potential





***Creating an attachment village...we give birth to child,
we also need to create the attachments required to
raise that child***



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*“One of the
greatest
impacts of
residential
school was the
loss of
parenting”*

**Justice Murray
Sinclair**



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ATTACHMENT

...that drive or relationship characterized by the pursuit of and preservation of proximity



The best documented asset of resilience is a strong bond to a competent and caring adult, which need not be a parent. For children who do not have such an adult involved in their life, it is the first order of business ... Children also need opportunities to experience success at all ages

(Masten & Reed, 2002).



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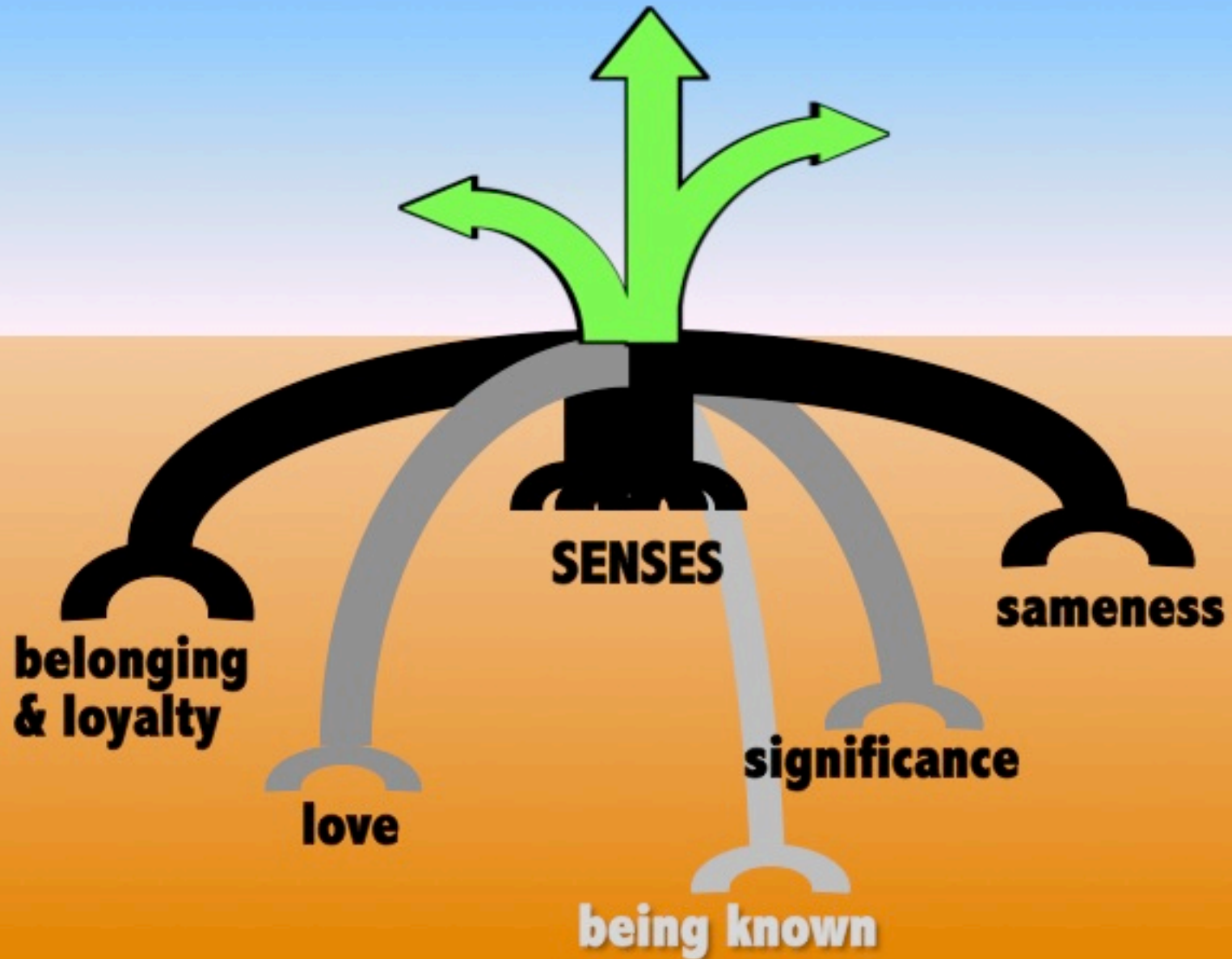
Resilience is that ineffable quality that allows some people to be knocked down by life and come back stronger than ever. Rather than letting failure overcome them and drain their resolve, they find a way to rise from the ashes.

Psychology Today



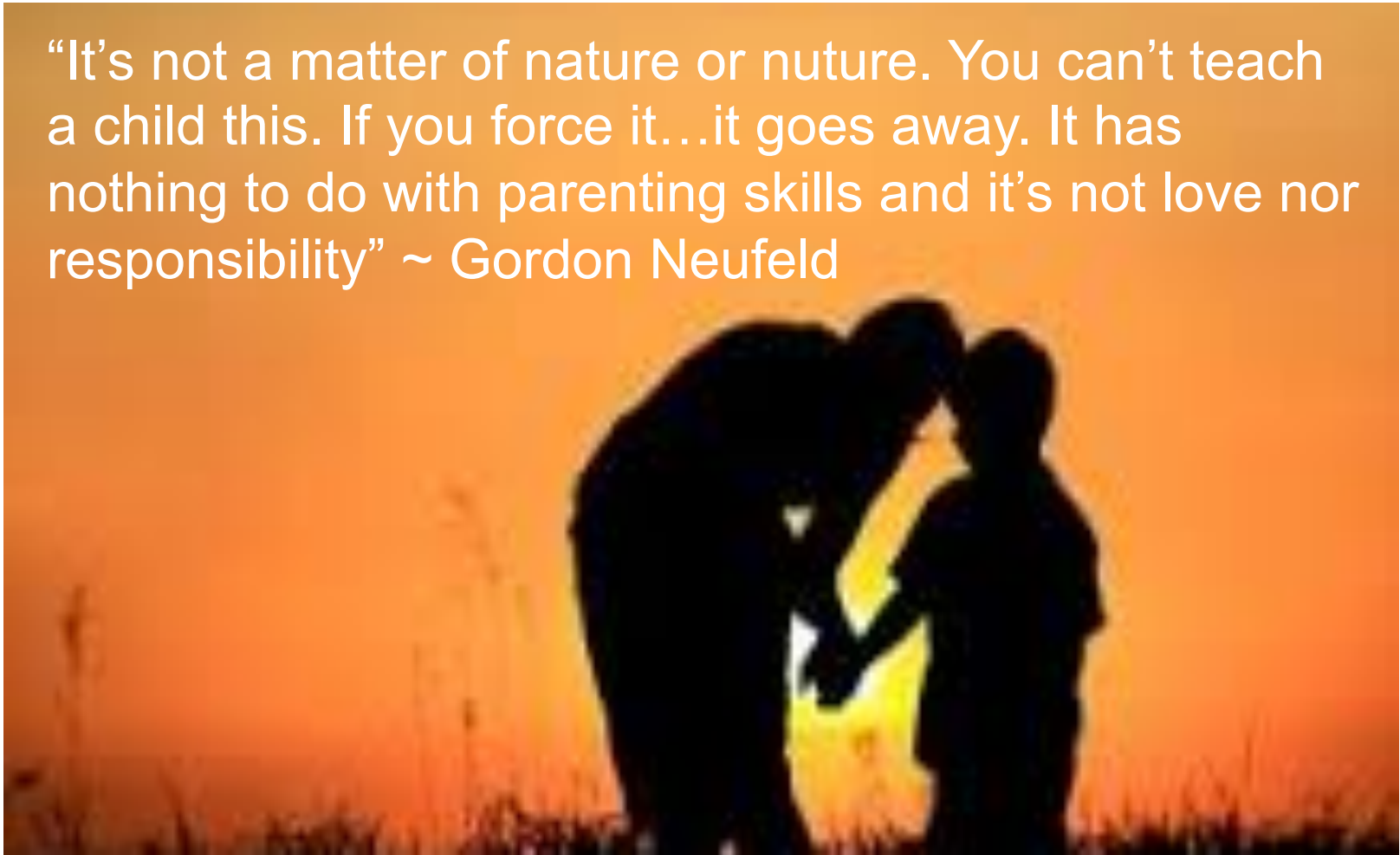
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A well attached child...

“It’s not a matter of nature or nurture. You can’t teach a child this. If you force it...it goes away. It has nothing to do with parenting skills and it’s not love nor responsibility” ~ Gordon Neufeld



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Attachment is the womb of maturation

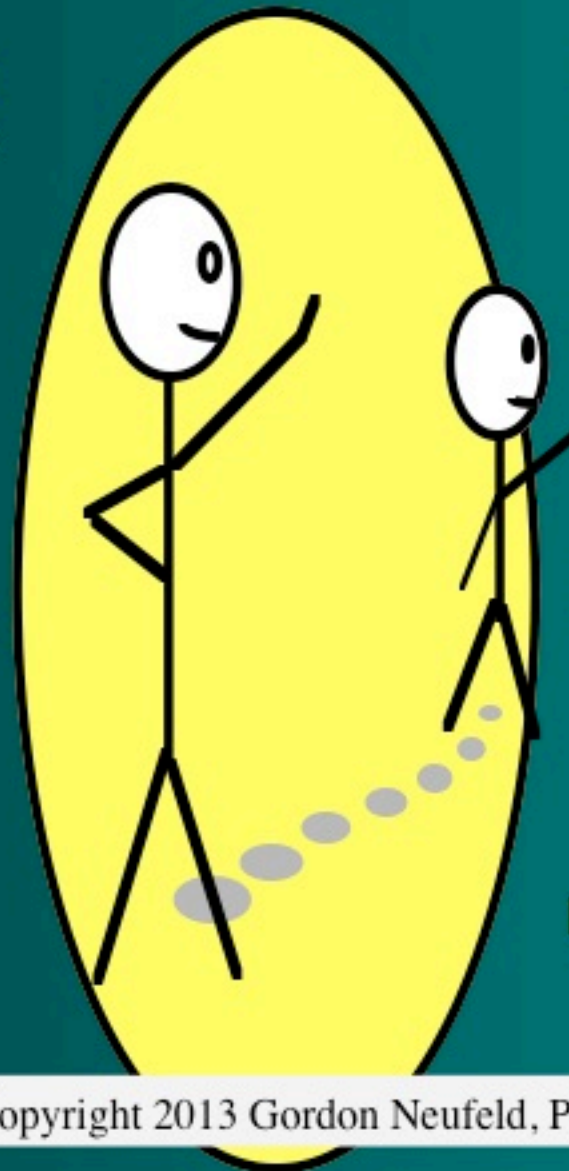
What attachment doesenables us to

1. serves as a **SHIELD** against external stress

2. functions as a **WOMB** for the emergent self

3. establishes a **HOME BASE** from which to venture forth

4. designates the **CUE-GIVER** and the **COMFORTER**



→ protect vulnerability and thus maturation

→ nurture growth by fulfilling attachment needs

→ foster independence by providing a sense of security

→ prime adaptation by declaring what doesn't work and collecting the tears

Attachment Power

- source is attachment
- no need to draw attention to it
- seeks influence
- natural and does not humiliate
- is power TO TAKE CARE of the child

Contrived Power

- source is control
- works when paraded
- seeks surrender
- Hard on child's dignity and can backfire
- Is power OVER the child



Becoming...

Maturation is spontaneous but not inevitable... maturation is a luxury



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adaptive being

*evolving as a result
of encounters with futility*

adaptive



emergent

*individuating to become
viable and distinct*

separate being

integrative

*maturing as a result of experiencing
inner dissonance and conflict*

social being



**All growth emanates from a
place of rest...**



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*Always provide more
than is being pursued...*



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Parents as gardener....

- Relationship
- Rest
- Room



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Community...



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*able to do 'togetherness' AND 'separateness' simultaneously
(eg, civilized, responsible, considerate, respectful, egalitarian)*

Characteristics of an child who is becoming their own person

- Self controlled
- Patient when frustrated
- Sensitive
- Cooperative
- Considerate
- Appreciates context
- Mixes well with others
- Deeply attached to adults
- Can hold to self when with others
- Knows own mind
- Is unique
- Capable of mixed feelings
- Understands fairness



To become a social being....

- Sensory
- Emotional
- Cognitive
- Social

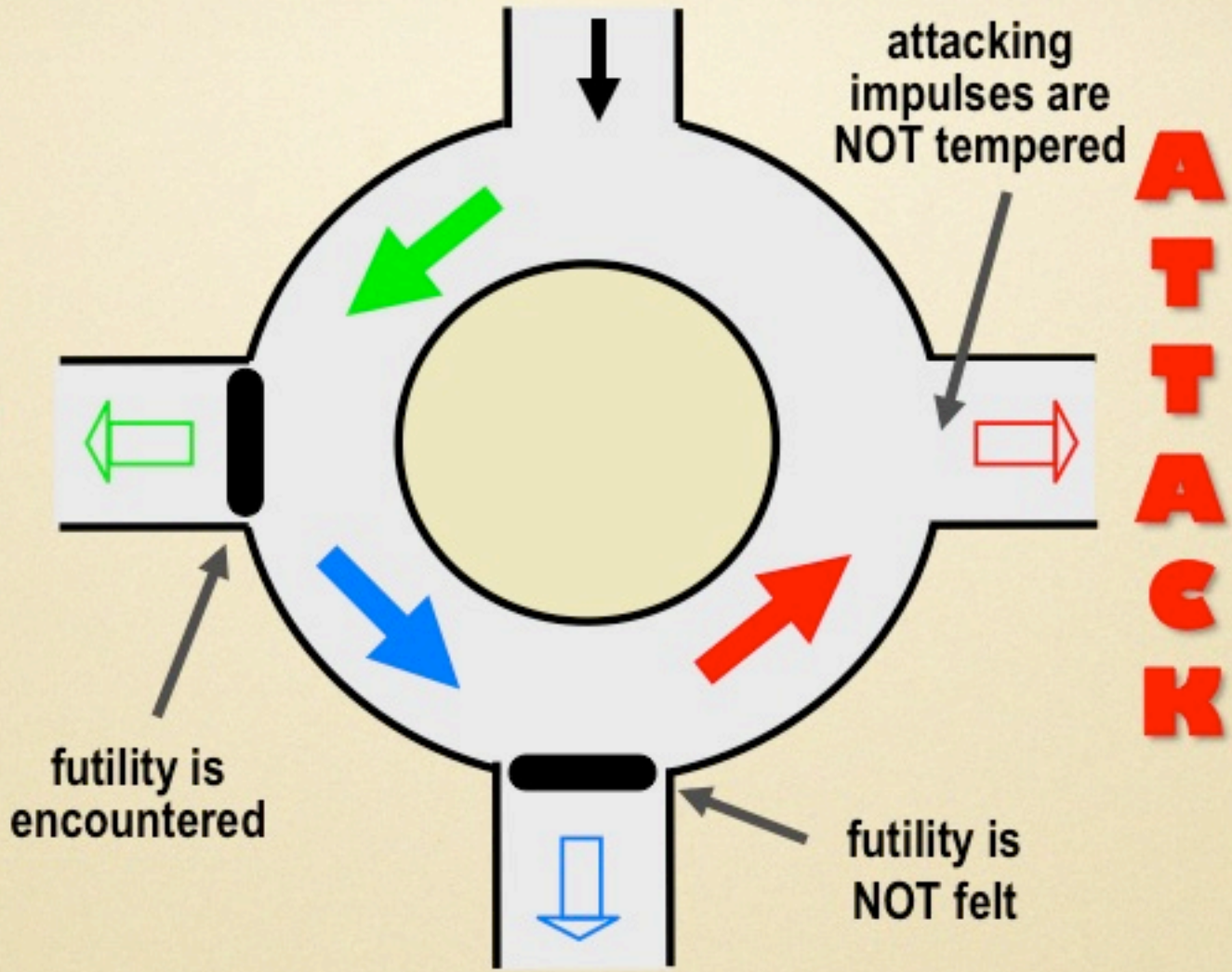


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FRUSTRATION

CHANGE



ATTACK

ADAPTATION

SAFEGUARD the child's heart

- The softer a child's heart, the deeper the attachment will become.



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